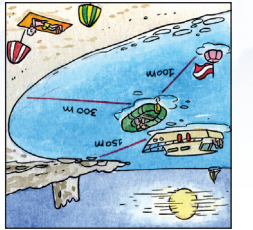


**Did you know that...** as a general rule, sailing boats have precedence over motorised vessels, while as regards motor traffic, vessels on the right must always have right of way?

- If you shower on the boat or on the beach, avoid using bath-foam and shampoo
- Avoid dropping anchor over **Posidonia**: if you do so accidentally or in an emergency, pay great attention when weighing anchor
- Use the areas marked out by the buoys, where present
- Sail with **maximum caution** as you approach the coast
- Watch out for **buoy markers** used by **spear fishermen** (Red flag with white diagonal stripes) and keep a distance of at least 100m
- Respect **navigation ban rules** by keeping a distance of 200m from beach coastlines and 100m from all other types of coastline



The past few years have seen an increase in the number of people taking to the seas using a whole range of vessels. A few simple precautions can improve safety and ensure that marine and coastal environments are protected. It is essential to check local **weather reports**, to be equipped with a **compass, sea charts or GPS** navigation systems on board, to check **safety equipment** and ensure that **cell phones** are charged and verify reception. Finally, check that the **engine** is in good working order

## Sail with care and attention

# Dedicated to those who love the sea

Consciousness raising campaign to safeguard Sardinia's beaches for boat users

# SARDEGNA

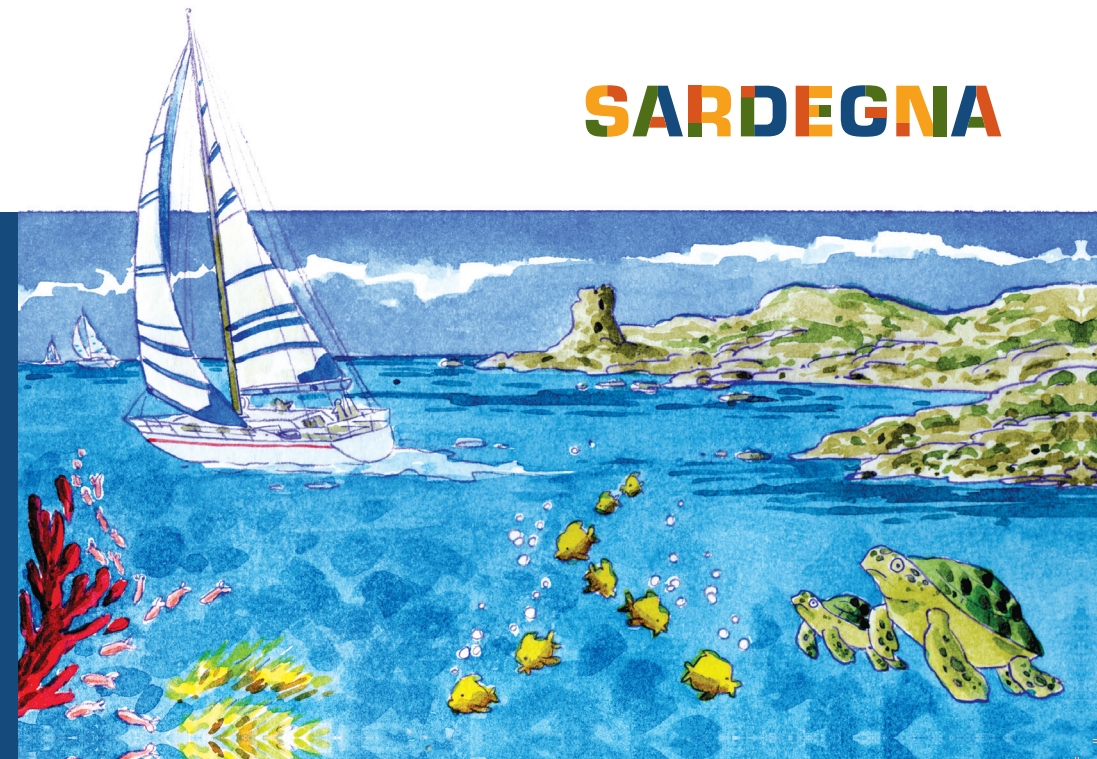
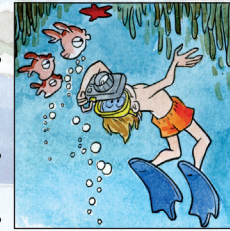
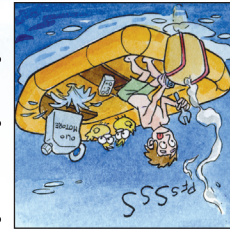


Grafico: Roberta Magliola - robertamag@libero.it  
 Foto: S. T. - Contrasto, S. T. - Contrasto, S. T. - Contrasto  
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**Did you know that...** the so-called sea-balls (Posidonia spheroids) are natural formations made by the intertwining of Posidonia fibres that takes place as a result of the action of the wind and waves?



- **Used motor oils, batteries and accumulators** are disposed free of charge by the organisations responsible for so doing. Hazardous maintenance can have damaging effects on the environment
- Do not allow **paint powders or antifouling paints** to contaminate the environment because they are highly toxic
- **Separate your rubbish** on board your boat as well
- **Collecting sand, algae, pebbles, archaeological artefacts and recreational and sport fishing** regulations allow for a daily fishing quota of no more than 5kg fish, molluscs and shell-fish; it is forbidden to fish more than one grouper per day
- Set free **fish of small dimensions**



The sea and coastal environment together form a complex natural system in which there is constant interaction between all organisms in terms of sustenance and behaviour: algae, fish, large mammals and sea-birds. Any **slight negligence or irresponsible action** may bring about an alteration in the existing equilibrium, and have serious consequences not only for the marine flora and fauna but also for humans

## Coastal and marine ecosystems



REGIONE AUTONOMA DELLA SARDEGNA  
AGENZIA CONSERVATORIA DELLE COSTE

AUTONOMOUS REGIONAL GOVERNMENT OF SARDINIA  
COASTAL CONSERVATION AGENCY  
Via Mameli, 96 - 09100 Cagliari  
Tel. +39 070 606 5412  
Fax +39 070 450 9707  
www.sardegnaambiente.it/coste

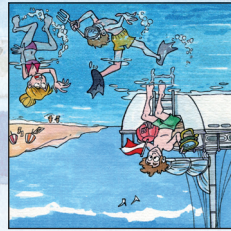
If you have any suggestions to make, write to: sardegnacoste@regione.sardegna.it  
To report any abuses contact: 1515 (Forestry Corp) - 1530 (Port Authority)

**Sardinia's Regional Coastal Conservation Agency is the first local agency set up to encourage the sustainable development of coastal areas throughout the Mediterranean**  
The aims and responsibilities of the Agency are: safeguard, protect and exploit the economic potential of coastal ecosystems and the integrated management of coastal areas of scenic beauty and environmental importance.

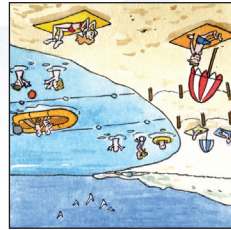
Specific areas of competence are as follows:

- The acquisition of coastal assets of scenic beauty and environmental importance
- The conservation, increasing in value and the bringing up to standard safety requirements of property assets entrusted to the Agency
- Coordinating and planning the integrated management of coastal areas, in collaboration with the Regional government administration, local communal authorities and other organisations involved in managing protected areas or other areas and sites of community interest
- Promoting and sensitising public opinion on the subject of landscape and environmental protection

**Did you know that...** the winds caused by the temperature differences between the land and the sea during the hottest hours of the day can generate fresh breezes and waves up to 2m high?



- After a **long period of exposure to sun**, be careful to enter the water gradually
- If you are swimming far off the coast, use a **surface marker buoy**
- **Underwater fishing** is only allowed at a distance of at least 500 metres from areas used by swimmers, remember that it is forbidden to fish near swimmers if you have a loaded spear gun



- **Motor boats, jet skis and sea scooters** must transit only in designated launch areas
- The strip of coastline **5 m from the shore** is an area of transit for all, even where there are reserved private lidos
- Respect rules for sailing and mooring in **Marine Parks and Marine Protected Areas**

The **navigation Code and bathing Regulations 2010** established by the local Regional Government of Sardinia, govern all activity in marine and coastal areas in order to ensure the safety and protection of the environment and sea-bathers. They also control business activities connected with the sea and coast. Marine Parks and Marine Protected Areas also provide services and impose stringent rules for visitors to their area.

## "Notice to boat users"



### Initiatives undertaken by the Coastal Conservation Agency

- Coordinating the "CAMP" programme through measures aimed to stop coastal erosion, and promote the integrated management of fishing and sustainable tourism
- Restoration and transformation for tourist purposes of 13 Spanish Coastal Towers in the communal areas of Cagliari, Domus de Maria, Teulada, San Vero Milis, Alghero and Baunei
- Bringing the peninsular of 'Is Mortorius' (Municipality of Quartu) and the area of Mangiabarche (Municipality of Calasetta) up to standard safety requirements
- Increase the economic potential of the Region's natural heritage, specifically the island of Asinara: building of a sailing centre at Trabuccato and regeneration of the area around Cala d'Oliva etc
- Creation of the first eco-hostel in Sardinia in the town of Buggerru
- Integrated management of coastal forest land in Castiadas, Porto Conte - Baratz lake, Berchida-Bidderosa and Tresnuraghes, in collaboration with the Forestry Agency
- General public awareness raising campaign on all issues concerning the safeguarding of coastlines "Dedicated to those who love the sea", "Visions of the Coast", "Coast Day", ...
- Environmental education in junior high schools by means of projects and competitions such as "Adopt a beach"